

# Nail Care Treatments



UFFORD PARK  
HEALTH & SPA

**We offer a range of feet and hand nail care treatments to nourish and protect your skin, ensuring those frequently neglected areas look and feel their best.**

## Manicure

### Prescriptive Manicure

60 minute treatment

£30.00

This specialist manicure will strengthen and condition your hands and nails with a refreshing nail paint to finish. This includes a mini varnish to take home with you.

### Phenom Manicure

60 minute treatment

£32.50

This is a new way to enjoy a longer lasting manicure, with a fast-drying formula that provides a Gel-like shine without the need for an LED lamp.

### Geleration Manicure

60 minute treatment

£39.95

A revolutionary soak-off Gel polish that offers a longer lasting manicure, with added protection for nails. This quick and easy polish is chip resistant, giving women the freedom to literally work hard and play hard, whilst keeping their nails looking their best.

## Pedicure

### Prescriptive Pedicure

60 minute treatment

£30.00

Sheer bliss for the feet, this conditioning treatment nourishes and softens, leaving the feet feeling silky soft. This includes a mini varnish to take home with you.

### Phenom Pedicure

60 minute treatment

£32.50

Phenom is the perfect way for a longer lasting pedicure, with the fast-drying formula that provides a Gel-like shine.

### Geleration Pedicure

60 minute treatment

£39.95

A revolutionary soak-off Gel polish that offers a longer lasting pedicure with added protection for nails.

## Express Treatments

### File and Paint

30 minute treatment

£20.00

A maintenance treatment for both hands or feet to help you keep your nails in tip top condition, this includes a mini varnish to take home with you.

### Phenom File and Paint

30 minute treatment

£22.50

A treatment for both hands or feet which provides a Gel like shine without the need for a soak off.

### Geleration File and Paint

30 minute treatment

£25.00

An application of Gel applied to hands or feet, which offers a longer lasting look, with chip resistance, perfect for those longer breaks.

### Luxury Express

45 minute treatment

£26.50

This treatment can be added on to any of the Express Treatments and will include cuticle work on top of your file and paint with either, Varnish, Phenom or Geleration.

### Geleration Removal

Gel removal ensures your Gels are removed correctly. We recommend that you have them soaked off with us to keep your nails in good condition. Your nails will be wrapped in foil and finished with a base coat if you are not having Gels reapplied.

### Gel Soak off

30 minute treatment

£10.50

### Gel Soak off and Express re-application:

60 minute treatment

£30.00

# Finishing Touches



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## Waxing

|                            |            |     |
|----------------------------|------------|-----|
| Full Leg                   | 45 minutes | £22 |
| Full Leg and Bikini        | 45 minutes | £27 |
| 1/2 Leg                    | 30 minutes | £18 |
| 1/2 Leg and Bikini         | 30 minutes | £22 |
| 1/2 Leg, Bikini & Underarm | 45 minutes | £30 |
| Bikini                     | 15 minutes | £12 |
| Extended Bikini Line       | 30 minutes | £18 |
| Underarm                   | 15 minutes | £14 |
| Forearm                    | 30 minutes | £15 |
| Lip or Chin                | 15 minutes | £10 |
| Lip and Chin               | 15 minutes | £12 |
| Chest or Back              | 30 minutes | £18 |
| Brazilian                  | 60 minutes | £30 |
| Hollywood                  | 60 minutes | £35 |

## Eye Treatments

|                                       |            |        |  |
|---------------------------------------|------------|--------|--|
| Eyebrow Wax/Shape                     | 15 minutes | £10    | <i>TT Tint test must be carried out 24 hours before treatment.</i> |
| Eyebrow Tint TT                       | 15 minutes | £10    |  |
| Eyelash Tint TT                       | 30 minutes | £12.50 |  |
| Eyebrow and Eyelash Tint TT           | 30 minutes | £18    |  |
| Eyebrow Shape and Tint TT             | 30 minutes | £18    |  |
| Eyebrow Shape, Tint & Eyelash Tint TT | 30 minutes | £22    |  |

## Novolash Extensions

120 minutes £60

NovoLash Extensions are a glamorous new way to extend the length and thickness of natural eyelashes and are a practical, convenient and beautiful alternative to the daily use of mascara. Unlike decades-old, traditional false lashes, lash extensions are the first innovation in lash lengthening that can be worn daily, without nightly removal. Because each tapered, synthetic lash is bonded to a single natural lash, the final result is of effortless glamour and difficult to detect even close up.

## Novolash Infills

60 minutes £30

## St. Tropez Tanning

Full body Half Body  
£27 £20

## St. Tropez Full Body and Exfoliation

30 minutes £35

## Make Up

### Bridal Make Up

120 minutes £65\*  
Bridesmaids £30 per person on the day

\*This includes 2 x 60 minute sessions; a 60 minute trial prior to your big day, as well as your make-up on the day itself.

### Make-up Lesson/Application

60 minute treatment £39

Learn about our make-up range and how best to apply it. We'll advise you on what you should use on your skin and why. Alternatively, come and relax while we apply your make-up for you - perfect after one of our luxurious facials.