

**FIRE AND ICE EXPERIENCES**

Our Fire and Ice Experiences are a great way to enjoy the Thermal Suite Spa, swimming pool and gym. Choose from either a full or half day option, both of which include the benefit of a delicious one course light lunch and a locally sourced natural fruit drink or fruit tea (not included in our Midweek or Twilight Special). **NB:** Treatments are not included in our Fire and Ice Experiences; however, these can be purchased in addition.

**Half Day** (per person)

**£45** weekdays/**£55** weekends

**Full Day** (per person)

**£65** weekdays/**£75** weekends

**2-hour Midweek Special** (per person)

**£25** per person (Mon-Fri daytime only)

**2-hour Twilight Special** (per person)

**£20** per person (Mon-Fri between 5pm - 8.30pm)

**DAY SPA EXPERIENCE PACKAGES**

Our Spa Experience packages include access to our Thermal Suite Spa, a treatment, indoor swimming pool and gym. You can choose any of the treatments that have the same time allocation as those included in your chosen Spa Experience package.

**Two Hour Discover Experience** (per person)

**£39.95** weekdays/**£49.95** weekends

A great way for spa novices to trial 2 hours in the Thermal Suite Spa and includes any 30-minute treatment.

**Half Day Experience** (per person)

**£60** weekdays/**£70** weekends

Enjoy a morning or afternoon in the Thermal Suite Spa with any 30-minute treatment and a complimentary soft drink.

**Half Day Luxury Experience** (per person)

**£85** weekdays/**£95** weekends

Enjoy a morning or afternoon in the Thermal Suite Spa with any 60 minute or 2 x 30 minute treatments and a complimentary glass of Prosecco.

**Full Day Experience** (per person)

**£99.95** weekdays/**£109.95** weekends

Enjoy a day in the Thermal Suite Spa with 60 minutes' worth of treatments, a complimentary soft drink and a delicious one course light lunch.

**Full Day Luxury Experience** (per person)

**£135** weekdays/**£145** weekends

Enjoy a day in the Thermal Suite Spa with 120 minutes' worth of treatments. A complimentary glass of Prosecco and a delicious one course light lunch is included.

**SPA BREAKS**

*All of our Spa Breaks include dinner, bed and breakfast, access to our Thermal Suite Spa and unlimited use of our indoor swimming pool and gym. Prices are based on double occupancy in a Classic room and are subject to availability.*

**One Night Indulgence Break**

From **£125** per person Sunday - Thursday

From **£140** per person Friday & Saturday\*

Including up to 3 hours in the Thermal Suite Spa and one 30-minute treatment.

**Two Night Relaxation Break**

From **£210** per person

Including 3 hours access each day to the Thermal Suite Spa and 60 minutes' worth of treatments.

\* Please note one night stays on a Saturday are booked at the discretion of the Reservations Team. Subject to availability.

**Gift vouchers are available to purchase for experiences and individual treatments.**