

DEEP TISSUE**FREESTYLE BACK MASSAGE**

This is a firm treatment effective in ironing out any tension in the muscles. This is perfect for those who are carrying a lot of stress in the back or shoulder area.

Time: 30 minutes
Great for: Everyone
Results: Instant relaxation.
 Eased muscles.

Price: £35

RAINDROP MASSAGE**FREESTYLE BODY MASSAGE**

A warming, relaxing treatment that will leave you feeling as good as you do after walking through tropical rainfall. Your therapist will slowly drip essential oils along your spine and backs of the legs before performing relaxing massage and applying warm compresses. This massage is particularly appropriate if you suffer from backache.

Time: 30 / 60 minutes
Great for: Everyone
Results: Instant relaxation.
 Eased muscles.
 Hydrated skin.

Price: £35/£65

**FREESTYLE NECK, SHOULDER,
FACE AND SCALP MASSAGE**

This treatment aims to relax you by massaging warm and nourishing oils, which release tension gently in the back, neck, face and scalp.

Time: 30 minutes
Great for: Everyone
Results: Instant relaxation.
 Eased muscles.

Price: £35

CHAMBER OF SECRETS**MUD SERAIL TREATMENT**

Our 'Chamber of Secrets' includes a whole host of extra indulgence as you sit back, relax and enjoy the mud serial chamber. A seasonally inspired natural salt scrub will remove dead skin cells all over to reveal brighter, glowing skin. You will lavish yourself in our glorious natural mud, specifically sourced to deep cleanse, exfoliate and revitalise the skin. Finally, a hair mask to deeply nourish and condition from root to tip, as you enjoy the herbal steam, and tropical raindrop shower. Head to toe indulgence!

Time: 45 minutes
Great for: Everyone
Results: Hydrated skin
 Detoxed
 Rejuvenation

Price: £45 one person
 £80 two person